

SPRING - WEEK 1

LITTLE FOODIES

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--------------------------------------|---|---|---|---|---|
| MAIN MEAL | Homemade (nutrient packed) Chicago Style 'Healthy Meat Feast' Pizza, Seasoned Wedges, Coleslaw & Assorted Salad G S M | Fusilli Pasta with Sunripened Tomato & Roast Vegetable Sauce with Garlic Bread & Assorted Salad G CL M SES | Healthy Cheeseburger Taco Burrito with Baked Nachos & Assorted Salad G E M MHS CL | Mild 'Chinese Style' Chicken Curry & Rice with Naan Bread & Assorted Salad G MUS SUL | Quorn Dippers Chunky Chips, Peas & Ketchup G F |
| VEGGIE OPTION | Homemade (nutrient packed) Chicago Style Margherita Pizza, Seasoned Wedges Coleslaw & Assorted Salad G E M | Fusilli Pasta with Sunripened Tomato & Roast Vegetable Sauce with Garlic Bread & Assorted Salad G M SES CL | Vegan Mince Cheeseburger Taco Burrito with Baked Nachos & Assorted Salad G E S M MHS CL | Creamy Vegetable Rogan Josh with Rice, Naan Bread & Assorted Salad G CL | Fishless Fingers, Chunky Chips, Peas & Ketchup G |
| JACKET POTATO OR PANINI & SANDWICHES | Jacket Potato served with either: Tuna Mayo S E F F Cheese M S Baked Beans With assorted Salad from the Salad Bar. | Assorted Panini's to include: Chicken Tikka & Cheese G E M Tuna Melt G F M E Cheese & Tomato G M Ham & Cheese G M With assorted Salad & Pasta Salad | Jacket Potato served with either: Tuna Mayo S E F F Cheese M S Baked Beans With assorted Salad from the Salad Bar. | Assorted Panini's to include: Chicken Tikka & Cheese G E M Tuna Melt G F M E Cheese & Tomato G M Ham & Cheese G M With assorted Salad & Pasta Salad | Jacket Potato served with either: Tuna Mayo S E F F Cheese M S Baked Beans With assorted Salad from the Salad Bar. |
| | Freshly prepared Sandwiches available daily: Ham G S Cheese M S Tuna Mayo S F E Cream Cheese S G M Egg Mayo S G E (Gluten Free available) | Freshly prepared Sandwiches available daily: Ham G S Cheese M S Tuna Mayo S F E Cream Cheese S G M Egg Mayo S G E (Gluten Free available) | Freshly prepared Sandwiches available daily: Ham G S Cheese M S Tuna Mayo S F E Cream Cheese S G M Egg Mayo S G E (Gluten Free available) | Freshly prepared Sandwiches available daily: Ham G S Cheese M S Tuna Mayo S F E Cream Cheese S G M Egg Mayo S G E (Gluten Free available) | Freshly prepared Sandwiches available daily: Ham G S Cheese M S Tuna Mayo S F E Cream Cheese S G M Egg Mayo S G E (Gluten Free available) |
| DESSERT | Individual Chocolate Ice Cream M Chunky Fruit Pots, Fresh Fruit or Yoghurt M | Summer Fruit Marble Sponge G E M S Fresh Fruit or Yoghurt M | White Chocolate & Cherry Blondie G E M S Chunky Fruit Pots, Fresh Fruit or Yoghurt M | Strawberry 'Upsidedown' Cheesecake G M Fresh Fruit or Yoghurt M | Fruit Salad & Ice Cream M Chunky Fruit Pots, Fresh Fruit or Yoghurt M |

Fresh Fruit & Yoghurt will be available daily. There will be a Salad Bar available daily for all children having a school lunch. All our meat & poultry is Farm Assured and we use local farms wherever possible for both meat and seasonal vegetables. All our fish is certified to ensure it has been fished responsibly.

ALLERGENS

Red = Contains

M S Mollusc **G** Gluten **F** Fish **CL** Celery **S** Soya **SES** Sesame **N** Nuts
E Egg **C** Crustaceans **L** Lupin **MHS** Mustard **M** Milk **SUL** Sulphur Dioxide **PN** Peanuts

Blue = May Contain

M S Mollusc **G** Gluten **F** Fish **CL** Celery **S** Soya **SES** Sesame **N** Nuts
E Egg **C** Crustaceans **L** Lupin **MHS** Mustard **M** Milk **SUL** Sulphur Dioxide **PN** Peanuts

SPRING - WEEK 2

LITTLE FOODIES

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--------------------------------------|---|---|---|---|---|
| MAIN MEAL | Homemade (nutrient packed) Chicago Style Pepperoni Pizza with Seasoned Wedges, Coleslaw & Assorted Salad G S M ^{MUS} | 'Kids' Mild Beef & Lamb Kebabs on Vegetable Rice with Mint & Yoghurt Dressing & Assorted Salad G E S M CL ^{SUL} | Roast Chicken Breast Dinner, with Yorkshire Puddings, Gravy, Roast Potatoes & Seasonal Vegetables G E M | Freshly Baked Premium Pork Sausage Roll with Baked Beans and Corn on the Cob M G S ^{SUL} | 'Jumbo' Fish Finger 'Butty' with side of Waffle Fries & Baked Beans G F S |
| VEGGIE OPTION | Homemade (nutrient packed) Chicago Style Margherita Pizza with Seasoned Wedges, Coleslaw & Assorted Salad G E M | Vegan 'Meatless' Balls in a Rich Tomato Sauce on Vegetable Rice with Assorted Salad S CL | Quorn Vegan Fillet, with Yorkshire Puddings, Gravy, Roast Potatoes & Seasonal Vegetables G E M | Freshly Baked 'Vegan Sausage Roll' with Baked Beans & Corn on the Cob G | Quorn Vegan Dippers with Waffle Fries & Baked Beans G |
| JACKET POTATO OR PANINI & SANDWICHES | Jacket Potato served with either: Tuna Mayo S E F Cheese M S Baked Beans With assorted Salad from the Salad Bar. | Assorted Panini's to include: Chicken Tikka & Cheese G E M Tuna Melt G F M E Cheese & Tomato G M Ham & Cheese G M With assorted Salad & Pasta Salad | Jacket Potato served with either: Tuna Mayo S E F Cheese M S Baked Beans With assorted Salad from the Salad Bar. | Assorted Panini's to include: Chicken Tikka & Cheese G E M Tuna Melt G F M E Cheese & Tomato G M Ham & Cheese G M With assorted Salad & Pasta Salad | Jacket Potato served with either: Tuna Mayo S E F Cheese M S Baked Beans With assorted Salad from the Salad Bar. |
| | Freshly prepared Sandwiches available daily: Ham G S Cheese M S Tuna Mayo S F E Cream Cheese S G M Egg Mayo S G E (Gluten Free available) | Freshly prepared Sandwiches available daily: Ham G S Cheese M S Tuna Mayo S F E Cream Cheese S G M Egg Mayo S G E (Gluten Free available) | Freshly prepared Sandwiches available daily: Ham G S Cheese M S Tuna Mayo S F E Cream Cheese S G M Egg Mayo S G E (Gluten Free available) | Freshly prepared Sandwiches available daily: Ham G S Cheese M S Tuna Mayo S F E Cream Cheese S G M Egg Mayo S G E (Gluten Free available) | Freshly prepared Sandwiches available daily: Ham G S Cheese M S Tuna Mayo S F E Cream Cheese S G M Egg Mayo S G E (Gluten Free available) |
| DESSERT | Cocoa Coated Donuts G E M S Chunky Fruit Pots, Fresh Fruit or Yoghurt M | Red Velvet Cookie G E M S Fresh Fruit or Yoghurt M | Cherry & Vanilla Flapjack G Chunky Fruit Pots, Fresh Fruit or Yoghurt M | Sweet Potato & Chocolate Brownie G E M S Fresh Fruit or Yoghurt M | Strawberry, Banana & Vanilla Mousse M Chunky Fruit Pots, Fresh Fruit or Yoghurt M |

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SPRING - WEEK 3

LITTLE FOODIES

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--------------------------------------|---|---|---|---|--|
| MAIN MEAL | Homemade (nutrient packed) Chicago Style Veggie Supreme Pizza (Peppers, Red Onion & Sweetcorn) with Herby Diced Potatoes, Coleslaw & Assorted Salad G E M CL SUL | 'Garlic Butter' Chicken Breast Fillet with Mash & Spring Vegetables M | Butchers Pork Sausage in a Finger Roll with Wedges & Salad G S SUL | Classic Italian Beef Bolognaise Ragù, with Penne Pasta, Garlic Bread Slice & Assorted Salad G CL M SES | Fish Goujons, Chunky Chips, Peas, Sweetcorn & Ketchup G F |
| VEGGIE OPTION | Homemade (nutrient packed) Chicago Style Margherita Pizza with Herby Diced Potatoes, Coleslaw & Assorted Salad G E M | Crispy Vegetable Sausage with Mash & Spring Vegetables G M | Quorn Vegan Sausage in a Finger Roll with Wedges & Salad G S | Vegan Mince Bolognaise with Penne Pasta, Garlic Bread Slice & Assorted Salad G S CL M SES | Quorn Dippers Chunky Chips, Peas, Sweetcorn & Ketchup G |
| JACKET POTATO OR PANINI & SANDWICHES | Jacket Potato served with either: Tuna Mayo S E F F Cheese M S Baked Beans With assorted Salad from the Salad Bar. | Assorted Panini's to include: Chicken Tikka & Cheese G E M Tuna Melt G F M E Cheese & Tomato G M Ham & Cheese G M With assorted Salad & Pasta Salad | Jacket Potato served with either: Tuna Mayo S E F F Cheese M S Baked Beans With assorted Salad from the Salad Bar. | Assorted Panini's to include: Chicken Tikka & Cheese G E M Tuna Melt G F M E Cheese & Tomato G M Ham & Cheese G M With assorted Salad & Pasta Salad | Jacket Potato served with either: Tuna Mayo S E F F Cheese M S Baked Beans With assorted Salad from the Salad Bar. |
| | Freshly prepared Sandwiches available daily: Ham G S Cheese M S Tuna Mayo S F E Cream Cheese S G M Egg Mayo S G E (Gluten Free available) | Freshly prepared Sandwiches available daily: Ham G S Cheese M S Tuna Mayo S F E Cream Cheese S G M Egg Mayo S G E (Gluten Free available) | Freshly prepared Sandwiches available daily: Ham G S Cheese M S Tuna Mayo S F E Cream Cheese S G M Egg Mayo S G E (Gluten Free available) | Freshly prepared Sandwiches available daily: Ham G S Cheese M S Tuna Mayo S F E Cream Cheese S G M Egg Mayo S G E (Gluten Free available) | Freshly prepared Sandwiches available daily: Ham G S Cheese M S Tuna Mayo S F E Cream Cheese S G M Egg Mayo S G E Salmon Mayo G E F S (Gluten Free available) |
| DESSERT | Strawberry Fruit Ice Smoothie Chunky Fruit Pots, Fresh Fruit or Yoghurt M | Decorated Vanilla Buns G E M S Fresh Fruit or Yoghurt M | Homemade Decorated Shortbread Biscuits G E M S Chunky Fruit Pots, Fresh Fruit or Yoghurt M | Polaris Eton Mess E Fresh Fruit or Yoghurt M | Reduced Sugar Biscoff Sponge G E M S Chunky Fruit Pots, Fresh Fruit or Yoghurt M |

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